

Mullapara Foundation
Trustees Annual Report

CHARITY REGISTRATION NUMBER: 1188588
Trustee Annual Report
From: 17 March 2020 To: 20 March 2021

Mullapara Foundation

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Reference and administrative details

Registered charity name : MULLAPARA FOUNDATION
Charity registration number :1188588

Principle address :

54 Oak Way
Acton Vale
London
W3 7LD

Trustees

Syed Sharif Miah
Sheila Bakth
Moonjahan Bakth

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Structure, governance and management

Governing document :

Mullapara Foundation is a UK registered charity with the Charity commission. It is a constitution, registered with the charity commission on the 17th of march 2020.

Trustee selection methods :

All trustees have the overall responsibility to recruit new trustees and volunteers. When selecting new volunteers, we look into the experience and skills they obtain to contribute to the charity. Many volunteers participate in raising funds, and contribute towards our charity campaigns to support the core of its charity activities.

Trustee induction and training

All trustees have a copy of the governing document and any policies regarding the charity. They are encouraged to keep up to date with the relevant information and any changes to the charity sector. Training is always available for the Trustees upon request.

Risk management

The charity has policies available for the trustees in order to understand the potential risk impact and steps to mitigate them. We have regular meetings set up to diffuse any concerns.

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Objectives

MP Foundation is a UK-based Registered charity relief that is supported and run by a team based in the UK. The trust aims to alleviate poverty and suffering in Bangladesh. this includes supporting people from any race or religion We're dedicated to working with children, families, and communities to overcome a lack of food, poverty, and homelessness. We are committed to working with the neediest people regardless of religion, race, ethnicity, or gender. We design sustainable development solutions relating to food, clothing, education, health, and general well being. MP Foundation especially focuses on going to areas that most organizations do not go to. We provide humanitarian relief; teach underprivileged individuals about sustainability and how to achieve it. The rights of those who are neglected and oppressed are fulfilled by providing sustainable development solutions relating to food, education, health, and general well being.

This is achieved by:

- Providing relief, such as food and medical care to victims of poverty.
- Providing water hand pumps in needy areas as this will allow victims to have ensured access to clean water for people in need.
- Sponsoring education for children ensuring their rights are fulfilled.
- Establishing basic medical care and provide treatment for poor and disabled adults and& children.
- Food Packs to help victims break their dependence on hand-outs

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Achievements and performance

Ramadan Food Pack Distribution Report 2020

We have completed the Ramadan food pack fundraising with all the funds raised. This meant that we could distribute food in rural areas of Sunamganj, a district located in north-eastern Bangladesh within the Sylhet Division. Our team in Bangladesh searched for the poorest people in over ten villages to receive the food packs, which contained enough food to feed a family of 5 for Iftar and Sehri for five days. With your help, we distributed enough food for up to 650 individuals. Most of those who received the pack were the elderly, widows, disabled, mentally ill, coronavirus affected and those with very low income.

Qurbani distribution

Mp Foundation has completed the Qurbani distribution, an Islamic ritual sacrifice in one of the poorest parts of Bangladesh; - villages consist mainly of riversides, with no help of support! The flooding has destroyed their homes, livelihoods, harvesting and cultivation, with many people displaced or missing from their families, alongside living under minimum shelter. Riverbanks are overflowing, and flood defences such as dykes, dams and sluices have been damaged because of the heavy monsoon rains, which has caused millions of lives to be affected; this predominately has been the worst throughout the last century. It is unfortunate to see many vulnerable Bangladeshis from all parts of the country having to deal with another terrifying disaster of flooding while already having a hard time coping with the corona-virus (covid-19). NOW, with continuous support from donors, we have been able to help over one hundred vulnerable people with meat.

Blanket distribution

Keeping Warm Makes a Huge Difference In a Poor person's life. With No Heating System, They Mainly Rely On Warm Clothing. We distributed 300 warm blankets in rural areas of Sunamganj, a district located in north-eastern Bangladesh within the Sylhet Division. Our volunteers in Bangladesh searched for the poorest people in over 12 villages to receive a warm blanket; those selected were mainly children and the Vulnerable elderly.

Build a home project

Like many families suffering in Bangladesh, Ashab Ali and his family needed urgent help: Ashab Ali is mentally disabled and unable to communicate. His wife separated, leaving two daughters one son living with the Ashab Ali. Children are not in education due to poverty. Father unable to work a permanent job and earns little money from cleaning. The family is unable to eat three meals causing malnutrition. Due to the damaged house, the family suffers from very cold nights; walls are only partially sealed. The family has no access to electricity, Heating, or Hot Water. Thanks to generous donors and a dedicated team of volunteers, we were able to Build a House for Ashab Ali and his family. The family are now safe and secure from any danger.

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Medical care

Mrs Begum hazardous home was falling apart; her husband was relying on handouts, they couldn't afford to repair her home. Mrs Begum, injured at work, hasn't stood up for 3 YEARS. Mrs Maleka Begum worked at a rice processing site earning £3 per day. She describes a hefty 25kg sack of rice falling from a height directly on her back. For the next few days off from work, she suffers from pain. They visited a homoeopathic doctor who prescribed her medicine and instructed her to rest. After a few days, slowly realizing she cannot sit up or stand but continues to take medication, hoping to recover. With no income, the elderly husband decides to beg. Three years later, with the lack of knowledge and financial support, Mrs Begum could not get the correct medical test or treatment and is fully bed-bound. Here at Mpf, our team decided to support this family and improve their quality of life. With generous donations, Mrs Begum visited an Orthopaedic Specialist called Dr Shonkor Kumar Roy at Osmani Medical College, Sylhet, Bangladesh. The spine's bone structure is good and saw no fracture or damage, but the spinal cord was possibly affected by accident. A physiotherapist has seen her and provided an exercise program. Our Volunteers will continue to support Mrs Begum to investigate further her spinal cord and provide a suitable treatment in the near future.

Build a home project 2

We were also able to build a house for Mrs begum through generous donations raised by volunteers. The family will now have security and protection. For many years, the family have been living below the poverty line and unable to build a secure home. Sealed walls, secured roofs and lockable doors gave the vulnerable couple comfort and safety. The family are protected from harsh winds, hot weather conditions and rainstorms. We raised the house and land to protect the family from flash floods. The family are now sheltered and safe from the climate crisis.

Ramadan Food distribution 2021

Mpf helped feed those below the poverty line and those that lacked access to basic food necessities in Bangladesh during Ramadan. Coronavirus pandemic meant even more people are at risk of hunger in Bangladesh. With the help from generous donors, volunteers and local community members, we handpicked and distributed food packs to the poor, orphans, widows, elderly and low-income families. The essential food items have been distributed to 66 low-income families suffering from poverty.

Food packs for Gaza

Mpf helped deliver vital food boxes to those in need in Gaza. Protracted conflict, economic stagnation, limited trade and access to resources, coupled with high unemployment and poverty rates continue to pose severe challenges in Gaza. Children and women were suffering due to the lack of food and water. A £40 food pack helped a family for a month.

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Other small projects

COVID-19 lockdown has had severe consequences of food insecurity for disadvantaged communities and low-income families, resulting in hunger.

We had donors supporting Labourers by contributing £5 rice packs.

We also had more blanket distributions. Each blanket is insulated with 5 kilograms of thick wool. Locally handmade supporting small businesses.

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Plans for future periods

We plan to continue providing aid relief in places of extreme poverty. To be able to support these countries with food aid, medical aid and water aid and establish further sustainable projects to help serve communities and empower them. We want to get our beneficiaries in a position where they can become self-sufficient and not rely on humanitarian aid. We will continue to serve communities in the most efficient, effective and professional manner.

Financial review

The committee would report that the income of the charitable company through PAYPAL DONATION in respect of Total income of £1646.05 and a cash income of £2146.71. With a total income of £3814.95 and a total spending of £3717.87 with no unrestricted or restricted funds.

During this period, Mullapara Foundation sent our volunteers in Bangladesh to research each project. These volunteers are selected because they have personally suffered from poverty and can relate to the candidates. They help select candidates and find the appropriate solutions to overcome the poverty crisis.

Our volunteers interview candidates from rural areas and perform background checks to find suitable poverty victims in the community. After seeing the matches, the volunteers carry extra research for material needed for the relevant project. Over the last few years, we have had several successful long term and short term projects, which have also come with lessons that had to be learnt, which were dealt with accordingly. It allowed us to update our policies and services, which resulted in improvements.